

DSE Employer Checklist



Identifying DSE Users

- Identify regular screen users
- Confirm prolonged screen use
- Include computers, laptops, tablets
- Exclude infrequent device use



Understanding DSE Risks

- Aware of MSD risks
- Consider eye strain risk
- Recognise fatigue risk
- Monitor reported discomfort



DSE Assessments

- Assess new starters
- Review workstation changes
- Review equipment changes
- Act on reported symptoms



Employer Responsibilities

- Complete DSE assessments
- Provide DSE training
- Review assessments regularly
- Make reasonable adjustments